

**ÖTZ  
TAL**

# Hiking Program 2015

Ötztal Nature Park Summer Experiences



[naturpark-oetztal.at](http://naturpark-oetztal.at)  
[oetztal.com/wandern](http://oetztal.com/wandern)



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## Dear friends of the Ötztal Nature Park,

the Ötztal Nature Park and its unique hiking program gives an insight into the valley's most scenic spots, a wonderful Alpine glacier world with all the little details and secrets and Ötztal's scenic landscapes of awesome natural beauty.

Passionate walkers can choose from 19 weekly theme hiking tours taking place throughout the valley and 20 interesting lectures on special nature park topics. Discover Ötztal's magic and variety together with your family.

## ...and summer has finally arrived!

We look forward to your visit,

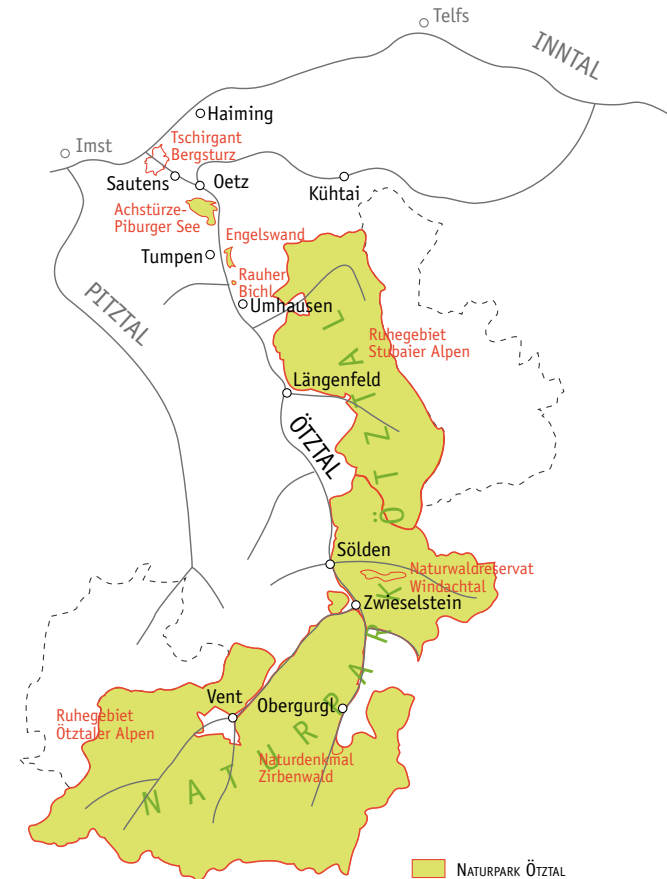
Ötztal Nature Park Team

## Ötztal Nature Park - Short Profile

The Ötztal Nature Park comprises all environmentally protected areas in the Ötztal. The protected area stretches from the valley floor up to high Alpine glacier regions. Its highest point is Ötztal's Wildspitze peak at 3774 m above sea level. The mountain villages of Vent (cradle of the Alpine Association) and Obergurgl (Tirol's highest parish), as well as Niederthai/Umhausen and Gries/Längenfeld are located right at the heart of the Ötztal Nature Parke – making a perfect base for mountain exploration.



The splendid ÖTZTAL NATURE PARK comprises a number of almost untouched, **protected mountain areas in the Ötztal Alps** and **Stubai Alps** which are characterized by fascinating high Alpine landscapes and huge glacier regions. **Obergurgl's protected Stone Pine Forest** and the **unspoilt forest areas** in Sölden's **Windachtal** feature century-old stone pine populations. The precipitous Engelswand rock face near Umhausen, an official Tirolean and **European Natura 2000 Preserve**, offers an insight into the varied flora and fauna in an almost vertical habitat. Another protected area can be found at the entrance to the Ötztal: the huge **Achstürze-Piburger See** region boasts an idyllic mountain lake amidst a huge rockslide area.

The 5 main aims of the Ötztal Nature Park are to protect nature, preserve unspoilt landscapes, increase recreational values and promote scientific and cultural research in the region. Both the Ötztal Nature Park association and administration office can be found in Obergurgl.





## Good to know

- Advance booking required only for guided hikes/tours **by 6.00 pm the day before** – contact data: see overleaf!
- Lectures are free for children up to the age of 14
- Hikes are free for children under 6 years, 7 – 14 years: half price
- Hikes/lectures are free of charge for guests staying at Nature Park Partner Hotels (extra costs not included) – unless noted otherwise!
- Weekly hikes are free for holders of the Ötztal Premium Card (extra costs not included)
- Ötztal Card (valid 20 June - 20 September)
- Ötztal Premium Card (valid 31 May - 11 October) 
- Participants (single events): min. 3 / max. 20 persons – unless noted otherwise!
- Weekly events held from May to end of November
- [i Ö] – free volunteering - activity in action for nature 
- You take part in the hikes/events at your own risk – hiking equipment absolutely required: sturdy hiking boots, warm clothes, rainwear, sunscreen, food, enough to drink
- Program may be changed/postponed at short notice (in case of unfavorable weather) by the organizing team.
- Disclaimer: Information given in this folder was collected accurately but no responsibility is accepted for the correctness of all details. The publisher is not liable for any accidents or damages caused by the use of this folder. Literal and typesetting mistakes excepted.

You can easily reach most of our events by using public bus lines running on a regular basis within the valley! More details at [www.vvt.at](http://www.vvt.at) and Ötztaler Verkehrsgesellschaft, T 05254 3550, [www.oetztalerbus.at](http://www.oetztalerbus.at)

## Ötztal Nature Park - Nature Park Guides

The certified team of female and male nature park guides looks forward to show you all the little secrets and details of the Ötztal Nature Park.



Petra Grüner



Andrea Holzknacht



Albert Zwischenbrugger



Wolfgang Santer



Monika Mitterwallner



Helga Marberger



Gaby Prantl



Michael Zwischenbrugger



Werner Schwarz



Franz Gstrein



Josl Griesser



Patrizia Plattner



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Wednesday, 03 June

## Mt Woodlands - Reforestation

The unique mountain forest is an important habitat with myriad features and functions, including the protection from avalanches and mudslides. This very special nature day is dedicated to the reforestation of our protective forest, by planting local larch trees. Experts of Sölden's forestry department will accompany you all day long.



Thursday, 02 July

## From Flax to Linen

Natural linen and sheep wool has always been of major significance in the valley's history. The central Ötztal became more and more important thanks to its excellent flax quality. Get to know everything about flax cultivation, processing and fine linen products – from sheep shearing to hand-woven wool fabrics. Admire the fine art of weaving on original looms.



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Saturday, 04 July

## Neophytes Day

Neophytes are alien plants brought to a region by man. Some of these plants endanger the local flora and the conservation of biodiversity. The rampantly growing species can only be controlled by removing adult plants including their roots. Help us conserving Ötztal's wonderful biodiversity and don't hesitate to take part in the neophytes action day!



Thursday, 09 July

## Night Full of Life

At night everything is quiet in the village, it's sleeping time. Not at all – our streets and gardens are full of life. With a bit of luck we watch bats, owls, mice, insects, spiders, harvestmen, night butterflies, martens, cats, toads, salamanders, weasels, foxes ... and more! Do plants, bushes and flowers sleep, too? Why do they look different in the dark.

Category: voluntary - nature preserve projects  
 Start/Route: Sölden, Nachtberg or Kaisers forests  
 Meet here: 08.00 am, Forestry Office/Sölden sewage treatment plant  
 Return: approx. 05.00 pm  
 Equipment: sturdy hiking boots, waterproof work clothes, work gloves; special equipment provided

Category: guided tour of weaving center  
 Meet here: 4.00 pm, Umhausen, Handweberei Doblander (Mühlweg 50, T 05255 5213)  
 Access: from Umhausen's church across Horlach bridge, keep to right, 300m  
 Duration: 1 hr  
 Fee: € 5.00  
 Guide: Cilli DOBLANDER, master weaver

Category: voluntary - nature preserve projects  
 Start/Route: Oetz, Ötztaler Ache, river shore next to Oetz Recycling Yard  
 Meet here: 09.00 am, Recycling Yard Oetz (turn-off to Piburg)  
 Return: approx. 05.00 pm  
 Equipment: sturdy hiking boots, waterproof clothes, work gloves are provided

Category: easy night hike (time 1 h, ↑↓ 50 m)  
 Start/Route: Sautens and surroundings  
 Meet here: 8.30 pm Ötztal Tourismus - Information Sautens  
 Return: approx. 11.00 pm  
 Fee: adults € 7.00/children € 5.00  
 Guide: Mag. Eberhard STEINER, biologist





Sunday, 12 July

## Nature Park Family Party

At this year's family party of the Ötztal Nature Park it is all about new knowledge. Climate change, carbon footprints, mushrooms, wild herbs that grow in the Ötztal and how to use them for healthy meals. In good weather the Ötztal balloon will take off. And if you join in you get a Nature Park T-shirt. "Ratzfatz" complete the programme of the party.

Location	Umhausen/Niederthai, Tellerboden
Programme	1.00 p.m. - 4.30 p.m., Guest programme 4.30 p.m. concert with "Ratzfatz" For a more detailed programme see <a href="http://www.naturpark-oetztal.at">www.naturpark-oetztal.at</a>
Cost	free admission
Other	in all weathers



Tuesday, 14 July

## Sweet Temptation

From blossoms to honey ... here you will get to know everything on the valley's sweetest temptation. After a short introduction our bee expert takes you to the beehives where you admire the bustling bee colonies at work. At the end of the tour you sample delicious, natural mountain honey from the Ötztal.

Category	lecture, hike, tasting
Start/Route	Längenfeld - „In der Klamm“ bee trail
Meet here	1.30 pm, Längenfeld/Tiroler Cafe
Duration	half-day
Fee	adults € 7.00/children € 5.00
Guide	Marcel KLOTZ, master apiarist in Längenfeld



Wednesday, 15 July

## Horlachtal Natural Gem

Join us on a marvelous tour of nature studies, starting at the source of Horlachbach mountain brook, through flowerstrewn Alpine meadows and lush pasturelands. The virtual tour takes you from the valley floor to the area's highest peaks where you learn more about the Alpine fauna and flora.

Category	lecture in German
Where	Umhausen, Health Center – Event Hall
Starting	at 7.30 pm
Duration	1 hour
Fee	€ 2.00
Lecturer	Mag. Barbara DEPISCH, biologist



Tuesday, 21 July

## Alpine Culture Landscape

Human settlements have characterized this Alpine valley already for thousands of years. The finding of 5000-year old Ötzi „The Iceman“ proves the existence of longstanding connections between the northern and southern part of the main Alpine chains. The high Alpine ridges of Tisenjoch, Hochjoch and Niederjoch have always been important paths.

Category	lecture in German
Where	Vent, Hotel Vent
Starting	at 8.45 pm
Duration	1 hour
Fee	€ 2.00
Lecturer	Priv.-Doz. Mag. Dr. Kurt SCHARR Interdisciplinary Mt Research, Austrian Academy of Sciences



Friday, 24 July

## From Grain to Bread

The historical, 300-year old Pirchhütt grain mill is in operation only once a year. Together with the old Mathies'n bee house dating back to 1911, this historical ensemble has been preserved in the village center of Obergurgl. On this special day both the grain mill and the baking oven will be activated for traditional grain milling.

Category	lecture, guided tour, bread tasting
Where	Obergurgl center, Mühlpplatz square
Meet here	2.00 pm, Ötztal Tourismus - Information Obergurgl
Duration	half-day
Fee	€ 5.00 (incl. 1 bread per person)
Guide	Hubert KOLER, Kultourismus Gurgl



Friday, 31 July

## Night of the Bats

There are many scare stories revolving around bats: is it true that they get stuck in your hair? Slowly these childhood stories have become a thing of the past. Today we rather appreciate them as nocturnal animals on warm summer nights. It's always worth to know more about their vivid way of night-time life.

Category	lecture in German, excursion
Start/Route	Oetz, Habichen, lake Habicher See
Meet here	8.30 pm, Habichen, road underpass/federal road
Duration	approx. 2,5 hrs
Fee	adults € 7.00/children € 5.00
Guide	Mag. Anton VORAUER, biologist and bat expert



Friday, 31 July to Friday, 14 August

## ARTEVENT NATUR - KULTUR - LITERATUR

ARTEVENT is a cultural highlight in the Ötztal. During a period of two weeks you can experience the border-crossing natural and cultural landscape of the Ötztal Alps in August. The B-ART-EB`NE-WEG "open-air gallery", the BERGLese book exhibition, an afternoon for children, lectures, music and a lot more are part of the programme.

Thematic focus = **FOCUS on MOUNTAINS**

Highlights	Stefan König, Bernd Ritschel, children's afternoon
Exhibition	"Views of a Mountaineers' Village" exhibition
BergLese	book exhibition with expert literature, photos, maps and film, daily from 2:30 p.m. to 6:30 p.m.

For details refer to [www.vent.at/artevent-programmuebersicht](http://www.vent.at/artevent-programmuebersicht)



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Saturday, 1 + 22 August

## Mapping of Ant Species

The Swedish wood ant (*Formica suecica*) is one of the anthill building species with Siberian origins. Its geographic range is still not highly researched, therefore it is absolutely required to protect the natural environment of the Swedish wood ant in the Ötztal by searching for further formicary locations.

Category	voluntary - nature preserve projects
Start/Route	Obergurgl, Gurgler Heide
Meet here	08.30 am, Obergurgl University Center
Duration	approx. 05.00 pm
Equipment	mountaineering equipment; GPS devices and special equipment provided



Wednesday, 05 August

## Weiwoldaren

(Ötztal dialect: butterfly) - Swallow-tail butterfly, small Apollo, peak white butterfly, moorland clouded yellow, Scotch argus, Arctic blue butterfly, purple-shot copper, forester moth – a huge range of marvelous butterflies accompanies walkers on their hike through Ötztal's valley floor towards the high Alpine peaks.



Fri, 07 + Sat, 08 + Sun, 09 August

## Photo Walks

You own a camera and you are a passionate hiker and mountain walker? Explore the scenic surroundings at different times of the day by taking full advantage of expert tips and advice. Basic photography knowledge is required: f-stop, shutter speed, ISO light sensitivity, deep focus, etc.



Wednesday, 12 August

## Living amid Ice and Snow

Ice and snow are quite hostile to life – but there are fairly many survivors amid the eternal ice. In fact, some species need glacier and snow fields in order to survive. Others have invented their own special tricks. Circumstances and living conditions in the Alps can be perfectly compared to the environment in Polar areas – frozen surface is anything but sterile!



Friday, 21 August

## Glaciers through the Ages

... Coming and going, interactions with the hydrologic cycle, global and local importance. Since the Middle Ages Ötztal's mighty glaciers have changed in size several times, like most of the Alpine glacier fields. The coming and going, the melting and growing of the glacier ice could be the consequence of a general change in climate.

Category slide show  
Where Längenfeld, Ötztal Local Heritage & Outdoor Museum, Memory Archives, Lehn 23b  
Starting 8.30 pm  
Duration 1 hour  
Fee € 2.00  
Lecturer Dr. Peter STOECKL, nature photographer, Vienna University of Applied Arts

Category 3 workshops (3 hours each), can be booked separately  
Locations in the surroundings of Vent  
Themes available light/action/landscape fotografie  
Fee € 60.00/person for all workshops  
€ 25.00/person for one workshop  
Guide Bernd RITSCHL, nature photographer, book author

Category lecture in German  
Where Umhausen, Health Center-Event Hall  
Starting 7.30 pm  
Duration 1 hour  
Fee € 2.00  
Lecturer Univ. Prof. Dr. Birgit SATTLER  
Institut for Ecology of Innsbruck University

Category lecture in German  
Where Obergurgl, Piccard Event Hall  
Starting 8.30 pm  
Duration 1 hour  
Fee € 2.00  
Lecturer Mag. Wolfgang GURGISER, PhD  
Institut for Meteorology and Geophysics of Innsbruck University





Thursday, 27 August

## Multifaceted Ötztal

Tremendous natural phenomenon like rock slides, landslides and glacier slides have always been characterizing the Ötztal, forming today's facets of the valley. Steep and narrow ravines widen into huge valley basins and extensive meadows. Every single step towards the rear valley offers a surprising detail.

Category	lecture in German
Where	Längenfeld, Ötztal Local Heritage & Outdoor Museum, Memory Archives, Lehn 23b
Starting	8.30 pm
Duration	1 hour
Fee	€ 2.00
Guide	Helga MARBERGER, certified nature park guide, book author



**Our TIP!**

Friday, 28 August

## Forest Mushrooms

A wonderful opportunity to get an insight into the world of mushrooms. Biologist and mushroom expert Eberhard STEINER gives an interesting lecture on this varied topic.

### Mushroom-hike

Start/Route	Oetz, towards lake Piburger See
Meeting here	4.00 pm, Ötztal Tourismus - Information Oetz
Equipment	mountaineering gear, rainwear, food and drink
Fee	adults € 7.00/ children € 5.00

### Mushroom-Lecture

Where	Oetz, "Ez" event hall
When	8.30 pm
Duration	1 hour
Fee	€ 2.00



Thursday, 03 September

## Climate Change & Permafrost

Several research projects on rock glaciers, held in North and South Tirol, give a complete insight into significant details about structures, percentage of ice, dynamics and origins of Alpine block glaciers. Additionally, a special focus was put on how climate change and rise in temperature can influence natural hazards and water resources in high Alpine regions.

Category	lecture in German
Where	Vent, Hotel Vent
Starting	8.45 pm
Duration	1 hour
Fee	€ 2.00
Lecturer	Univ. Prof. Dr. Karl KRAINER, Institute for Geology and Paleontology of Innsbruck University



Wednesday, 09 September

## Research Legends...

Is it possible that local earth fungi cells, found by chance in Ötztal's peaty soil, can save the lives of thousands of transplant patients? All these interesting questions give an insight into the great achievements of modern research in the Ötztal Valley by explaining connections between longstanding knowledge and our modern society over several decades.

Category	lecture in German
Where	Obergurgl, Piccard Event Hall
Starting	8.30 pm
Duration	1 hour
Fee	€ 2.00
Lecturer	Dr. Nikolaus SCHALLHART, scientific coordinator, Obergurgl AFO of Innsbruck University



Umwelt



ÖTZTALER  
HEIMAT- UND  
FREILEICHMUSEUM  
im LÄNGENFELD-LEHN  
GEDÄCHTNISSPFAD DER ÖTZTAL  
ÖTZTALER HEIMATVEREIN



ÖTZTAL ÖFFENTLICHE  
BIBLIOTHEK

Niederthaier  
BÄURINNEN

Bergrettung  
Niederthai



Every Saturday

## Nature Walk

On your way through picture-book landscapes you get to know many details about Ötztal's varied nature. A certified local guide will tell you interesting stories about the valley's fauna and flora. This is a truly splendid nature walk giving an insight into Alpine herbs, flowers, stones, small and big animals in their natural habitat. You will explore the most scenic spots of the hiking area in the central valley. Equipped with professional Swarovski binoculars you discover nature's little secrets - even a drop of water is a miracle. Experience Ötztal's awe-inspiring nature with all your senses.

Category easy (time 1,5 hrs, ↑ ↓ 150 m)  
Start/Route route varies depending on season  
Return approx 11.30 am  
Fee adults € 7.00/ children € 5.00

## Umhausen

02 May - 28 November

Dates 02 + 16 + 30 May, 13 + 27 June,  
11 + 25 July, 08 + 22 Aug,  
05 + 19 Sep, 03 + 17 + 31 Oct,  
14 + 28 Nov,  
Meet here 09.00 am, Ötztal Tourismus  
Information Umhausen

## Längenfeld

09 May - 21 November

Dates 09 + 23 May, 06 + 20 June,  
04 + 18 July, 01 + 15 + 29 Aug,  
12 + 26 Sep, 10 + 24 Oct,  
07 + 21 Nov,  
Meet here 09.00 am, Ötztal Tourismus  
Information Längenfeld



Every Monday  
01 June - 05 October



## Auerklamm Ravine

A real insiders' tip or did you already know „Teufelsschmiede“ area and „Auenstein“ castle ruins? Later you take a glimpse of the wildly romantic Auerklamm ravine which is an important habitat for Alpine wildlife and flora. Among the rare species ranks the water ouzel hunting its prey underwater.



Every Wednesday  
03 June - 30 September



## Miners`Trail

Mysterious stone walls, ancient paths cut into the rocks and a huge rockslide area accompany you on the way. Some 350 years ago this area was one of Tirol's major mining centers at 2500 meters above sea level. Up to 450 miners used to work in the copper-pyrite, galena and pyrite mines.



Every Friday  
24 July - 28 August



## Nature Close-By

The idyllic nature preserve in the surroundings of Achstürze-Piburger See was formed by a huge rockslide at the end of the Ice Ages. On special VANTAGE POINTS Swarovski spotting scopes are installed in order to watch the nature treasures from a different angle. Through the LENSE you can admire mighty Acherkogel peak.



Tip  
ÖTZTAL NATURE PARK

## Guided Hiking Tours

The Ötztal Nature Park also organizes made to measure nature study tours and individually planned archaeological theme hikes for groups and children's specials.

## Contact:

ÖTZTAL NATURE PARK  
Gurglerstraße 104  
A-6456 Obergurgl

T +43 (0) 664 1210350

[anmeldung@naturpark-oetztal.at](mailto:anmeldung@naturpark-oetztal.at)  
[www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)

Category	intermediate (time 4 hrs, ↑↓ 350 m)
Start/Route	Infopoint Ambach - Teufelsschmiede - Auerklamm - Burg Auenstein ruins - Oetzerau - Oetz
Meet here	09.30 am, Ötztal Tourismus - Infopoint Ambach
Return	approx. 2.30 pm
Fee	adults € 7.00/ children € 5.00

Category	intermediate (time 5 hrs, ↑↓ 500 m)
Start/Route	bus to Kühtai - Issalm - Knappenhaus - Zwölferköpfle - Balbachalm - lift ride down to Oetz
Meet here	08.15 am, Ötztal Tourismus - Information Oetz
Return	approx. 4.00 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus to Kühtai + lift ride

Category	easy (time 3 hrs, ↑↓ 250 m)
Start/Route	Oetz - Wellerbrücke Bridge - Piburger See - Kanzel - Oetz
Meet here	09.30 am, Ötztal Tourismus - Information Oetz
Return	approx. 2.00 pm
Fee	adults € 7.00/ children € 5.00



Every Monday  
20 July - 24 August



## Hemrach in Full Bloom

Steep Alpine meadows interspersed with decayed mountain shelters give an insight into the hard working conditions of farmers in the Ötztal. The high-altitude Hemrach pasturelands invite us to take a well-deserved rest. Enjoy uninterrupted panoramic views of the glacier-topped Geigenkamm ridge and its numerous 3000m high peaks.

Every Tuesday  
02 Juni - 06 October



## Horlach Shepherds' Trail

A truly varied Nature Park Hike leading from lovely Niederthai towards the high Alpine Horlachtaler Almen pasturlands. Walking along the rushing Horlachbach brook with its crystal clear glacier waters, you will discover the unique power of Alpine waters and nature's mighty energy.

Every Thursday  
18 June - 24 September



## Marvelous Hut-to-Hut Tour

Ötztal's Geigenkamm ridge boasts an infinite number of gorgeous high Alpine lakes. The dark Wettersee next to Erlanger Hütte nestles high above Leierstal valley – reminding of an Ice Age relict. The mountain hut is a highly awarded place as it received the DAV environmental quality seal.

Every Thursday

## Miracle Fiber

In the course of this wonderful guided tour visitors get an insight into the whole manufacturing cycle, from the raw material delivered by local sheep farmers to fine woolen products. Additionally, the tour focuses also on the longstanding history of flax and sheep wool processing in the Ötztal. Questions welcome!

Category intermediate (time 5 hrs, ↑↓ 500 m)  
Start/Route Niederthai - Mauslasattel - Hemracher Almen - Wiesle - Niederthai  
Meet here 9.30 am, Tellerboden car park, Niederthai (next to soccer field)  
Return approx. 3.30 pm  
Fee adults € 7.00/children € 5.00

Category intermediate (time 4,5 hrs, ↑ 550 m, ↓ 750 m)  
Start/Route Niederthai - taxi Horlachtal - Finstertaler Sennhütte - Niederthai  
Meet here 08.30 am, Ötztal Tourismus - Information Niederthai  
Return approx. 3.00 pm  
Fee adults € 7.00/children € 5.00 + taxi € 6.00 per person

Category demanding (time 6.5 hrs, ↑↓ 1.000 m)  
Start/Route taxi Leierstal - Erlanger Hütte - Leierstal - taxi Umhausen  
Meet here 08.40 am, Ötztal Tourismus - Information Umhausen  
Return approx. 5.00 pm  
Fee adults € 7.00/children € 5.00 + taxi € 10.00 per person

Category guided tour of sheep wool center  
Meet here 2.00 pm, Umhausen, Ötztaler Schwafwollzentrum (Lehnput 2-4, T 05255 5293)  
Access from Umhausen's church across Horlach bridge, keep left, 300 m  
Duration 45 min.  
Fee € 3.00 per person (free for children)  
Guide Joachim REGENSBURGER





**Our  
TIP!**

Every Monday  
20 July - 24 August



## All-Powerful Lehner Waterfall

In the course of this hike you get to know more about Ötztal's landscape, culture, history and inhabitants. A stopover at the Local Heritage Outdoor Museum adds to a wonderful day. Then you climb the stairs leading up to the suspension bridge and further on to the fantastic viewing platform.

Every Wednesday  
17 June - 23 September



## 4 Lakes Trail

Every mountain lake is special and has its own character, its own color and size. The beautiful 4 Lakes Hike high above Längenfeld starts beyond the treeline with the snow-topped glacier peaks of Stubaital valley as lovely backdrop. With a bit of luck you can also watch a golden eagle soaring high above Geigenkamm ridge.

Every Friday  
19 June - 25 September



## Teufelskanzel near Längenfeld

When was Längenfeld founded? Is sulfur water really healing water? Our certified nature guides can tell you all the little secrets about awe-inspiring nature and culture highlights in and around Längenfeld. The view of the valley from Teufelskanzel vantage point is really unique and breathtaking.

ÖTZTAL NATURE PARK

## Event Igloo

Looking for a perfect location? In case you are planning an event regarding nature, culture, history, glaciers, botany, geology, archaeology...? Then give us a call. We are glad to provide the right setting at our Nature Park Event Igloo. We can create your personal nature highlight. Point the way towards nature!

Category easy hike (time 3 hrs, ↑↓ 200 m)  
Start/Route Längenfeld - Local Heritage Museum - Lehner Waterfall - Längenfeld  
Meet here 10.00 am, Ötztal Tourismus - Information Längenfeld  
Return approx. 2.00 pm  
Fee adults € 7.00/ children € 5.00

Category demanding (time 7 hrs, ↑↓ 850 m)  
Start/Route taxi to Leckalm - Plattachsee - Weißensee - Spitzigsee - Hauersee - Taxi Längenfeld  
Meet here 08.30 am, Ötztal Tourismus - Information Längenfeld  
Return approx. 4.30 pm  
Fee adults € 7.00/ children € 5.00

Category intermediate (time 3 hrs, ↑↓ 200 m)  
Start/Route Längenfeld - Plague Chapel - Teufelskanzel - Astlehn - Längenfeld  
Meet here 10.00 am, Ötztal Tourismus - Information Längenfeld  
Return approx. 2.00 pm  
Fee adults € 7.00/ children € 5.00

## Contact:

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[www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)





Every Tuesday  
30 June - 22 September



## Sölden's Natural Variety

Local part-time farmers cultivate the high Alpine landscape – proving that nature can exist in perfect harmony with modern tourism. Orchids, flower-strewn meadows and the scent of fresh mountain herbs await you within the lovely Gaislacher Almen pasturelands.

Category intermediate (time 5 hrs, ↑↓ 600 m)  
Start/Route Sölden - Nachtberg-Moor - Gaislach Almen - Bodeneegg - Zwieselstein - Kühtrainschlucht - Sölden  
Meet here 09.00 am, Mountain Guide Office Sölden  
Return approx. 3.30 pm  
Fee adults € 7.00/ children € 5.00



Every Thursday  
02 July - 24 September



## Söldenkogel Peak Conquest

The marmots' whistles will accompany you all day long, following the ancient Alpine meadows past quaint Ötztal mountain huts (called „Thayen“ in dialect) made of wood. The splendid path travels right to the peaks of the Ötztal Nature Park This is Sölden's silent part: peaceful, authentic, in close touch with nature...

Category demanding (time 7 hrs, ↑↓ 950 m)  
Start/Route Sölden - bus to Fiegl's Gasthaus - Sölderkogl - Kleblealm - Sölden  
Meet here 07.00 am, Mountain Guide Office Sölden  
Return approx. 4.00 pm  
Fee adults € 7.00/ children € 5.00  
hikers' Shuttlebus (current rates)



Every Saturday  
25 July - 29 August



## Mooser Steg Water Strider

Mooser Steg is a truly outstanding „Waalweg“ water theme trail traveling along the former irrigation ditches. The newly hiking trail takes you to a number of surprising activity stations, offering superb vistas of the deep ravine formed by the Windacher Ache mountain brook. A great place to breathe deeply.

Category easy (time 2.5 hrs, ↑↓ 250 m)  
Start/Route Sölden - Windachtal - Mooser Steg - Sölden  
Meet here 10.00 am, Sölden Mountain Guide Office  
Return approx. 1.00 pm  
Fee adults € 7.00/ children € 5.00



become  
a member!

ÖTZTAL NATURE PARK

## Supporting Member

As a supporting member you sustain the important work of the ÖTZTAL NATURE PARK.

Advantages for members: latest news and information on all Nature Park activities, use of photo and literature archives, new brochures/publication for free.

### Membership Fees:

Single person	€ 15.00/year
Clubs, small enterprises	€ 50.00/year
Business enterprises	€ 100.00/year

Become a member right now:

[www.naturpark-oetztal.at/service-kontakt/mitglied-werden.html](http://www.naturpark-oetztal.at/service-kontakt/mitglied-werden.html)



Every Monday  
29 June - 07 September



## Glacier Exploration

A panoramic view of 21 glacier-topped peaks higher than 3000 meters awaits you here. Crossing Hohe Mut saddleback you walk towards the mighty glacier summits. On your way you get to know many interesting and quite amusing details on the area's scientific research center in Rotmoostal valley.



Every Friday  
03 July - 11 September



## Exploring Alpine Habitats

Exploring the „Seenplatte“ mountain lake district, a part of the protected ÖTZTAL NATURE PARK, you will soon recognize the great variety of high Alpine flora and fauna in different habitats. The remains of giant glaciers, picture-book mountain lakes are spread all over the area, fed by rushing brooks.



Every Sunday  
28 June - 13 September



## Archaeological Loop Trail

The surroundings of Obergurgl boast an incredible variety of archaeological treasures. Obergurgl's scenic Archaeological Loop Trail travels past "Beilstein" area – one of the Alps' most renowned and researched excavation sites.



**Our TIP!**

ÖTZTAL NATURE PARK

## Newsletter

Would you like to receive up-to-date information about hiking tours, lectures or promotions? We look forward to providing you all important details via e-mail.

Of course our newsletter is non-binding and free of charge. You can unsubscribe at any time!

News on a regular basis about wildlife, animals, plants, hiking tours, book recommendations and much more.

Sign up now and receive our up-to-date news!

Subscribe online at:  
[www.naturpark-oetztal.at/service-kontakt/newsletter.html](http://www.naturpark-oetztal.at/service-kontakt/newsletter.html)

Category intermediate (time 5 hrs, ↑ 100 m, ↓ 800 m)  
Start/Route liftride Obergurgl-Hohe Mut - Rotmoosferner - Obergurgl  
Meet here 9.00 am, Ötztal Tourismus - Information Obergurgl  
Return approx. 4.00 pm  
Fee adults € 7.00/ children € 5.00 + gondola ride (check lift rates)

Category intermediate (time 5 hrs, ↑↓ 600 m)  
Start/Route Obergurgl - Seenplatte - Nedersee - Lenzenalm - bus to Obergurgl  
Meet here 9.00 am, Ötztal Tourismus - Information Obergurgl  
Return approx. 4.00 pm  
Fee adults € 7.00/ children € 5.00 + bus ride (check bus rates)

Category intermediate (time 4 hrs, ↑↓ 400 m)  
Start/Route Obergurgl - Ramolweg - Kuppelealm - Beilstein - Zirbenwald - Davids Hütte  
Meet here 10.30 am, Ötztal Tourismus - Information Obergurgl  
Return approx. 3.30 pm  
Fee adults € 7.00/ children € 5.00



Every Monday  
08 June - 21 September



## Arnica, Ötzi & More ...

Wonderful hiking tour with plenty of botanical and historical highlights. From Vent a rising trail leads to the ancient Stone Pine Forest and further on to Mutsbühel area. In vicinity to Ötzi's finding place you will find interesting traces of early Alpine settlements in the Ötztal valley.



Every Wednesday  
10 June - 23 September



## Glacier, Geology, History

The wide open cirques in the foothills of her „Majesty“ – Wildspitze peak at 3774m – are the remains of the glacier's past. Giant moraines and rock walls, idyllic glacier lakes and brooks, fascinating rock masses formed by the eternal ice will accompany you on this hiking tour back to Alpine history.

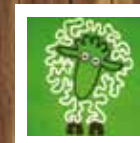
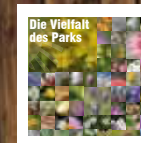


Every Thursday  
23 July - 27 August



## Stories of Vent

Vent, Tirol's undisputed mountaineering village, nestles at 1900m above sea level. Among the area's highlights rank Wildspitze summit, the world-famous „glacier priest“ Franz Senn, who strongly influenced Vent's history and the yearly held sheep drive of 4000 animals to South Tyrol.



Ötztal Nature Park

## Online Shop

Take the splendid ÖTZTAL NATURE PARK home... you can choose from several information folders, brochures, hiking trail maps, posters and postcards displaying the scenic ÖTZTAL NATURE PARK.

## Contact:

ÖTZTAL NATURE PARK  
Gurglerstraße 104  
A-6456 Obergurgl

T +43(0)664 1210350  
[www.naturpark-oetztal.at/service-kontakt/online-bestellen.html](http://www.naturpark-oetztal.at/service-kontakt/online-bestellen.html)

Category	intermediate (time 4 hrs, ↑↓ 450 m)
Start/Route	Vent - Mutsbühel - Ramolalm (not serviced) - Vent
Meet here	9.30 am, Ötztal Tourismus - Information Vent
Return	approx. 3.00 pm
Fee	adults € 7.00/ children € 5.00

Category	intermediate (time 4 hrs, ↑↓ 500 m)
Start/Route	lift ride Vent-Stablein - Rofenbach bridge - glacier lake - Breslauer Hütte - Stablein - lift ride Stablein-Vent
Meet here	9.30 am, Ötztal Tourismus - Information Vent
Return	approx. 4.00 pm
Fee	adults € 7.00/ children € 5.00 + lift return ride (check lift rates)

Category	easy (time 3 hrs, ↑↓ 200 m)
Start/Route	Vent - Loop Trail - Feldkrögele - stamp site - Vent
Meet here	09.30 am, Ötztal Tourismus - Information Vent
Return	approx. 2.00 pm
Fee	adults € 7.00/ children € 5.00

# Booking & Kontakt

Advance booking required **only** for hikes – booking deadline: 6.00 pm the day before before under [anmeldung@naturpark-oetztal.at](mailto:anmeldung@naturpark-oetztal.at) or in your accommodation. Hikes (extra costs not included) and lectures are **free** of charge for guests staying at Nature Park Partner Hotels! Holders of the Ötztal Premium Card can take part in weekly hikes for **free** (extra costs not included)!



## Ötztal Nature Park

Gurglerstraße 104

A-6456 Obergurgl

[info@naturpark-oetztal.at](mailto:info@naturpark-oetztal.at)

[www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)

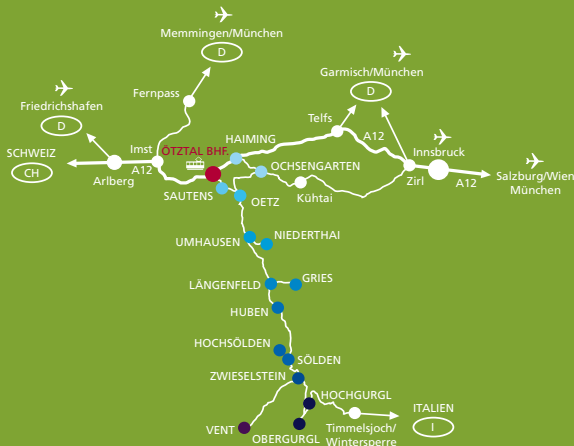


## Ötztal Tourismus

Gemeindestraße 4, A-6450 Sölden,

[info@oetztal.com](mailto:info@oetztal.com), [www.oetztal.com](http://www.oetztal.com)

Infopoint Ötztal	T 057200 700
Sautens	T 057200 600
Oetz	T 057200 500
Umhausen-Niederthai	T 057200 400
Längenfeld	T 057200 300
Sölden	T 057200 200
Vent	T 057200 260
Obergurgl-Hochgurgl	T 057200 100



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